



www.clonmanyparish.ie

#### PARISH MASS AND PRAYER SCHEDULE

##### ST MARY'S CHURCH, CLONMANY

- Monday—Friday 9:30am
- Saturday—Vigil Mass 6:30pm
- Sunday: 11:30am Mass

##### ST MICHAEL'S CHURCH, URRIS

- Sunday: 10am Mass
- Friday: *Exposition of The Blessed Sacrament 3-6pm (Starting with Chaplet of the Divine Mercy and closing with the Rosary at 5.40pm)*

##### ORATORY OF THE ASSUMPTION, BALLYLIFFIN

- Tuesday : *Exposition of the Blessed Sacrament 7:30—8:30pm*

##### ORATORY, ST COLUMBILLE VILLAGE, CLEAGH

- Wednesday : *Exposition of The Blessed Sacrament 3pm-4pm*

##### FIRST ANNIVERSARY MASSES

6:30pm Vigil Mass in St Mary's Church on Saturday, June 7th will be offered for Katie Brennan, The Square, Clonmany, on the first anniversary of her death.  
10am Mass in St Michael's Church next Sunday 8th June will be offered for Dessie McDaid, Carndonagh on the first anniversary of his death. May they rest in peace.

##### MASS INTENTIONS THIS WEEKEND

6:30pm Vigil Mass—Philip Devlin, Shore Road, Ballyliffin.  
10am Mass—Pauline McEleney, Tiernasligo.

##### SAINTS OF THE WEEK

Monday: Ss Marcellinus and Peter.  
Tuesday: St Kevin.  
Wednesday: Ss Charles Lwanga & Companions.  
Thursday: St Boniface.  
Friday: St Norbert & St Jarlath.  
Saturday: St Coleman.

##### COLLECTION

Parish collection last weekend amounted to €2,010. Thank you for your generosity.

##### MEN'S ROSARY

On the Green in Malin Town on Sat 7th June at 1pm.

##### CLONMANY ST VINCENT DE PAUL SOCIETY

Contact SVP confidential number 086/2388789  
Regional Office 074/9173933 or any member of SVP.

##### IS GAMBLING AFFECTING YOUR LIFE?

Perhaps we can help—Tel: 048 7135 1329.

**NOWDOC** 6pm Friday—8am Monday Call 0818400911.



# Clonmany Parish Newsletter

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Clonmany Parish Website—www.clonmanyparish.ie



**Dare to Hope**  
**YOUNG ADULT FAITH GATHERING**  
Event for 18 to 30 year olds

Principal Speaker: Fr Conor McDonough

A variety of workshops including:

- Serving Jesus on the Edge.
- Breaking Open the Word of God.
- How to Speak About Our Faith.
- Reconciliation Service and much more

Celebration of the Eucharist with Bishop Fintan Gavin

**Saturday, June 14th 2025**  
in The Youth Village, Knock Shrine  
9.30am – 5.30pm  
Cost €20 | Bookings via Eventbrite

IRISH CATHOLIC BISHOPS' CONFERENCE  
COMHAIL BISPAS CATTOLICACH EIREANN

**KNOCK**  
Ireland's International Environment and Marine Museum

Scan me!

##### RADIO MARIA

intercessory prayer with  
Deacon Don Devaney  
(Chairman of the Divine  
Mercy Conference, Ireland)

**The Divine Mercy Hour,  
"God's Healing  
Power Hour"**

**Monday and Thursday,  
at 3 pm**

**www.radiomaria.ie**

##### CLONMANY SHAMROCKS CLUB

Lotto Numbers—26/05/25 were 09,13,22,26—no jackpot winner  
Our next draw will be on 03/06/25 and the Jackpot will be €1,825  
€20 Prizes went to: Erin & Iona Harkin, The Cross; Marty Doherty (M.J.), Cloontagh; George & Susan Harkin, Annaugh.  
[https://www.klubfunder.com/Clubs/Clonmany\\_Shamrocks\\_FC/lotto](https://www.klubfunder.com/Clubs/Clonmany_Shamrocks_FC/lotto)  
May 200 Club Winners:  
1st Prize €1000 = No. 102 : Maeve & Eoghan Brennan, Clonmany.  
2nd Prize €500 = No. 152 Matthew McLaughlin (Oggie), I.O.D.  
5 Prizes of €100 went to: No. 195 Steve & Claire Harkin, Glassmullan. No. 138 Dean Crawley. No. 63 Rocky Ivers. No. 117 Alan Gill. No. 27 Shania McGonigle. [Congratulations](#) to all the winners and thanks to everyone who supported our draw. June draw will take place on Monday 30th June.

##### SLIABH SNEACHT CENTRE

Drumfries Walking Group will meet on Friday 6th June in Clonmany car park. Tai Chi & Qigong for beginners (4 week block) 2 classes starting Thursday 5<sup>th</sup> June at 7pm & Friday 6<sup>th</sup> June at 10am. For more info / to book contact taichidonegal@gmail.com  
We have an all-terrain wheelchair (Hippocampe) here at the centre. This wheelchair is a free service, this chair would be ideal for family/friends visiting over the Summer, to access local beaches, scenic walks & festivals, for further information or to book this service please contact the centre 0749361742.

##### RASHENNY FC DEVELOPMENT DRAW

This year's draw takes place on Saturday 21st June. There is a total prize fund of €25,000. 1st €10,000, 2nd €5,000, 3rd €2,500, 4th €2,000, with other valuable cash prizes. Tickets are currently on sale and are available from committee members or alternatively purchased online (Facebook: Rashenny Football Club).

##### CLOONTAGH N. S.

External painting of the school during the Summer holidays, if interested, please email office@cloontagh.com



## SHOULD WE FAST BEFORE HOLY COMMUNION?

Should we fast before receiving Holy Communion? The answer to that is 'YES!' Our Church still teaches this:

*"A person who is to receive the Most Holy Eucharist is to abstain for at least one hour before holy communion from any food and drink, except for only water and medicine."*

However, it will come as a surprise to many that our Church (still) teaches that, if possible, Catholics are supposed to fast before receiving Holy Communion. In generations gone by – when the rules for fasting were much more strict – everyone knew about this, and were faithful to it.

### Why should we fast before receiving the Eucharist?

*A woman went on a retreat hoping to find out more about GOD and about herself. She prayed, "Who are you, GOD ... and who am I?" For three days she prayed this, but felt there was no answer coming. As she was leaving the retreat grounds she tried one last time: "Who are you, GOD ... and who am I?" An answer came, a revelation:*

**"I am GOD and you are not!"**

In that answer lies the meaning of Holy Communion.

**Older generations will know that, compared to what the fast used to be, we have gotten soft. They will remember that the Eucharistic fast consisted of no food, no drink, and no water from Midnight until after Mass. Over the years this has been reduced, so that the requirement now is to fast for one hour before receiving Holy Communion (except for those who are sick and their caregivers).**

Of course, to make fasting a 'requirement' means nothing – it should, only, be an act of love. For seeing it as an act of love means that we understand what Jesus has done for us — **that He voluntarily died to save us ... and so we voluntarily take on a small penance (a minor inconvenience), by way of saying 'thank you'.**

Fr Kevin



##### SUNRISE WALK 25—THANK YOU

On Saturday 3rd May, we were blown away by the support and community spirit at our Sunrise Walk. Together, we raised an incredible €1,640 in aid of Clonmany Community First Responders who will use this in the upkeep of our medical equipment and resources.  
A heartfelt thank you to everyone who walked, donated, or helped spread the word. We'd also like to give a special thank you to the following for their generosity and support: Hml Mc Laughlin, SuperValu Carndonagh, Maple Ballyliffin, Atlantic Stores & Foodmarket, Ballyliffin, Nuala - Ah Crumbs, Clonmany Community Centre, Clonmany Parish Hall, Nancy's Barn Ballyliffin. Every single person who kindly donated goodies for the refreshments after. Every step taken was a step towards supporting a vital community service. Thank you all so much!  
A huge thank you to our two wing people Mamie Grant for all her help and for providing parking also Pat PV for keeping us right again and for the use of his "Tea Mobile".

##### PRE-SCHOOL VACCINE CLINIC

Do you have a child starting primary school in September? Inishowen Medical is running pre-school vaccination clinics in both Buncrana and Clonmany during July, August and September. Please call 933 61800 or 93 76173 to make an appointment.



Clonmany Community Centre's next Car Boot Sale is on Saturday, June 7th. If you would like to book a table, tel. 0749376772. Clonmany Community Centre are hosting their Festival Week Craft Fair on Thursday, August 7th from 12pm—4pm. Join them for an afternoon showcasing the incredible craftsmanship from all across the North West & further afield. If you are a crafter & wish to book a table, you can book online at [www.bookwhen.com/clonmanycentre](http://www.bookwhen.com/clonmanycentre)